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Week ending Friday September 30, 2016

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Local News

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Hunt for rapist who attacked woman in garden



POOR SKIN: A police e-fit of the suspected rapist

THIS is the face of man who raped a woman in a back garden after he jumped over a fence.

The victim, in her 30s, was sitting at an address in Dagenham, in the early hours when the man climbed into the garden.

She tried to run away but the assailant pulled her to the floor.

He raped her then ran off towards Woodward Road.

The attack happened on Monday, August 1, but detectives have been unable to find the rapist.

Police have released an e-fit image of a man they want to question.

There have so far been no arrests and enquiries are ongoing at time of publication.

The suspect is described as a very dark-skinned black man, in his mid-20s, of medium build and between 5ft 6in and 5ft 8in.

His complexion was described as "poor, possibly spotty" and he smelt unwashed.

DC Jay Gardner, from the Metropolitan Police sexual

offences, exploitation and child abuse command, said: "This is a shocking attack which has left the victim very distressed."

"We are now issuing this e-fit image and urging the public to help us identify this man. If you think you may know the man depicted in the e-fit, please do call us."

Witnesses and anyone with information can call police on 020 8217 7466.

To give information anonymously contact Crimestoppers on 0800 555 111 or visit www.crimestoppers-uk.org.

APPEAL OVER KNIFE DEATH

POLICE have appealed for information about two cars seen leaving the scene of an alleged murder in Dagenham.

Raja Rashid Ali, 33, of Elm Park, died in Braintree Road at 7.30pm on Sunday after being stabbed.

Detectives said Mr Ali had parked in Stansgate Road, outside Costcutter, when there was an altercation with men from two other vehicles. The motive for the alleged killing is unknown.

DCI David Whellams said: "This was a very violent incident which was witnessed by a number of people who have already spoken to the police, and I would thank them for that."

"However, I appeal to anyone who has information about this



CRIME SCENE: Police are appealing for information after the death of Raja Rashid Ali in Dagenham

incident or the persons responsible to contact the police or Crimestoppers as soon as possible.

"At this very early stage we are working to establish the motive, but we know that the victim was in a vehicle with two other men

which stopped in Stansgate Road outside Costcutter, when they were involved in an altercation with a number of other people who were travelling in two other vehicles.

"The suspects left the scene in these two vehicles.

"The incident took place outside a busy supermarket and I am confident there are more witnesses who have information."

"I urge them to come forward." A post-mortem examination at Queen's Hospital on Monday confirmed Mr Ali died of stab wounds.

Witnesses and anyone with information are urged to contact the incident room on 020 8345 3775. To give information anonymously, contact Crimestoppers on 0800 555 111 or go to crimestoppers-uk.org.

● Police made four arrests in connection with the alleged murder. Three men aged 21 and another in his early 20s were arrested on Wednesday, September 28.

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Win tickets to gentle and poignant comedy set in a care home

AWARD-WINNING comedy, A Month of Sundays, is at Queen's Theatre, Hornchurch, and we have FIVE pairs of tickets to give away.

This funny and tender masterpiece is by celebrated writer, the late Bob Larbey, author of TV sitcoms such as The Good Life, As Time Goes By and a Fine Romance. It runs until Saturday, October 15.

In his nursing home, Cooper rails against his ageing body but remains proud of not having "lost his marbles", while his friend,

ries at bay as Cooper flirts with nurse Wilson while both men fantasise about escaping to Switzerland.

But when Cooper discovers that his grandson no longer wants to see him, and Aylott's worst fears are realised, he knows a turning point has been reached. If it is never enough to keep treating life as a comedy, where does he go from here?

Russell Bolam directs this first major revival of Larbey's first play, which won the Evening Standard Award for Best Comedy of the Year. William Hoyland is Cooper and has appeared in films and TV hits such as Return of the Jedi, Gandhi, For Your Eyes Only, Scoop, Life on Mars, The Thick of It, and Call the Midwife.

Robin Hooper, who plays Aylott, and Anna Leong Brophy,

who is Nurse Wilson, are joined by Gareth Clarke, Sophie Russell and Connie Walker.

For more information and tickets to this unmissable homage to the ageing experience, call 01708 443333 or visit queens-theatre.co.uk.

To win one of five pairs of tickets to see A Month of Sundays at 7.30pm on Wednesday, October 12, answer this question.

Q: In A Month of Sundays, Cooper and Aylott fantasise about escaping to which country?

**A: Austria
B: Switzerland
C: Italy**

To enter telephone your answer - A, B or C - to 0901 307 1689 with your name, address, telephone number and email. Alternatively text YAMONTH (space) followed by A, B or C, and your name, full address and email to 63333.

Calls cost 50p per call plus your phone company's access charge. Calls from mobiles will cost considerably more. Texts cost 50p plus your standard network rates. If you do not wish to receive details on any other products or services, please text EXIT at the end of your message. Lines close on Thursday, October 6. Entries received after the closing date will not be counted but may still be charged. Service Provider: JMedia UK Limited, RH16 3EG. Tel: 020 7720 7130.



TENDER: Robin Hooper, left, William Hoyland and Anna Leong Brophy
Photo by Mark Sepple

Fishing for disabled at the Cottage

A THRILLED fisheries boss has finished pioneering work creating access for disabled people interested in fishing.

Andrew Roddick, who runs Picks Cottage Fishery in Sewardstone Road, Chingford, was awarded funding from the Angling Trust and the Environment Agency for his forward-thinking project.

He told the *Chingford Times*: "We put this together because it is something you don't see in fishing lakes. There should be better accessibility to the sport."

"The British Disabled Angling Association carried out a full audit of the area."

"Now disabled fishing fans will be able to enjoy the sport. We will be open and ready for everyone on March 1, 2017."

Andrew was awarded £3,000 to create disabled platforms.

He has also been trained as an angling coach to school children, youth groups and to teach people who are disabled.

Andrew says his four lakes are wildlife-friendly, too, and he insists that all of the people who fish at the site use barbless hooks.

He said: "Swans swallow the hooks which get lodged in their throats, causing a slow and painful death."

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Ford 'demolition' begins for homes

DEMOLITION works began in Dagenham last week to make space for 2,650 new homes.

Ford Stamping Plant, which inspired the film and musical Made in Dagenham, closed in 2013 with the land being bought by Dagenham Dock Ltd, a joint venture between land promoter St Congar Land and real estate fund manager Europa Capital Partners, in early 2016.

Heavy machinery was moved in from Monday after the site was secured.

The new scheme is designed to preserve the area's historical significance and mix with the neighbouring Beam Park development.

Cllr Darren Rodwell, leader of Barking and Dagenham Council, toured the site with representatives of Dagenham Dock Ltd, Jon Cruddas MP, Member of Parliament for Dagenham and Rainham, and local councillors earlier this month.

He said: "The stamping plant was a huge employer for generations, so we're delighted that this new development will put into production thousands of new homes and jobs and hopefully a museum dedicated to the East London's rich industrial heritage too. It's fitting that this derelict site, which once epitomised post industrial decline, will now stand for the borough's future as home for all, for the aspirational



RE-DEVELOPING: (l-r) Steve Taylor, St Congar Land; Councillor Darren Rodwell, leader of the council; Hugo Black, Europa Capital; Cllr Eileen S Keller, Mayor of Barking and Dagenham (and local ward councillor), with Cllr Cameron Geddes, cabinet member for Economic & Social Development.

and inspirational without leaving anyone behind."

Steve Taylor, director at St Congar, said: "The former Dagenham Ford Stamping Plant is a fantastic site, located within one of the most exciting growth opportuni-

ty areas in London.

"The site's demolition has now commenced, and we are delighted to be working with the council to create thousands of much needed new homes in the London Borough of Barking & Dagenham."

● A MAN died in a fire at Dagenham yesterday afternoon.

The London Ambulance Service declared the man dead after fire crews put out the blaze at a house on Lower Broad Street at 3.59pm.

The man will not be named until next of kin are informed.

Four fire engines and 21 firefighters from Dagenham, Wennington and Barking were called to the scene at 2.47pm.

Fire and police officers are investigating the cause of the fire.

An inquest into the man's death will be opened later this week, before a full hearing later in the year.

● FREE events will be held across Barking and Dagenham throughout October to celebrate black history month.

The programme will include author talks with writers such as Kit De Waal and 'Youths Celebrating Africa', a discussion organised and held by young people looking to educate about issues black communities face.

Cllr Afolasade Bright, cabinet member for Equalities and Cohesion said: "Black History Month is an opportunity to share the rich cultures and traditions of the black community. For more information including dates, full listings and details of all events taking place please visit www.lbbd.gov.uk/blackhistorymonth.

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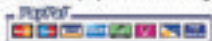
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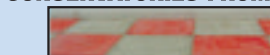
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SPECIAL DAY: PSHE day at The Coopers' Company and Coburn School

Photos by Martin Dalton



Curriculum for life

School cancels normal lessons for popular 'conference day' covering personal, health and social education

STUDENTS at a secondary school enjoyed a special personal, social and health education (PSHE) day so they could learn more about issues such as cyber-bullying and drugs.

Normal timetables were suspended on Wednesday last week as students from Years seven to 13 at The Coopers' Company and Coburn School in Upminster, were given talks from experts and community figures.

Teachers and students had fun in a general knowledge quiz set

by the school's police officer at the start of the cyber-bullying lecture.

Three Year 11 pupils preparing for their GCSEs spoke about the lessons learnt in an earlier lecture about revision techniques.

Megan said: "There's a lot more to revision than writing things down."

Alexia praised the lecturers, describing their advice as "very useful".

Hannah said: "Some [revision] methods aren't working."



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£2m market revamp

By Rudi Abdallah

havering@yellowad.co.uk

TRADERS in Romford are to be consulted over a £2million upgrade to the historic

market.

The public consultation phase started on Monday.

An exhibition was on display at Romford's Central Library, fea-

turing Havering Council's plans for changes. Preliminary talks have started to gauge traders' thoughts about how proposals could affect their businesses.

A council spokesman said: "The General London Assembly awarded the market £1m in May and we have agreed to match the figure to restore it."

Work designed to improve the town square's features are set to commence in the near future.

The council predicts that work will go ahead in spring 2017, if there is consensus on the plans, and it is expected to last a year.

Visitors registered their feelings about proposals on special response forms.

The public are being encouraged to visit two stalls to give their views about the plans.

Liberty Shopping Centre, Romford, will hold the first on Thursday, September 29, from 9am to 7pm. Romford Market will hold the second on Saturday, October 1, between 9am and 4pm.

The consultation will end on October 3.

The council has hired DK-CM, an east London architectural firm, to assist with the redevelopment.

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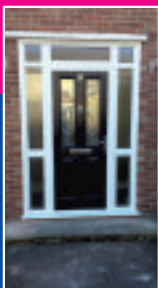
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Young 'health champions' spread message to peers

A NEW peer mentoring scheme which aims to promote health and wellbeing for young people has been launched in secondary schools across Waltham Forest.

The Youth Health Champions programme is a national initiative designed to encourage healthy activities in an educational setting.

Since July, 60 pupils from across the borough have been on a two-day course learning about health promotion and how to plan health campaigns for the new academic year.

Last week, pupils from Holy Family Catholic School and Sixth Form in Walthamstow, Leytonstone School and Rushcroft Foundation School in Chingford

completed the training.

Pupils from Buxton School in Leytonstone, Willowfield Humanities College in Walthamstow, George Mitchell School in Leyton and Kelmscott School in Walthamstow completed the training in July.

Pupils who complete the programme receive a Level 2 qualification (the equivalent of a GCSE) and are expected to plan and deliver health and wellbeing campaigns to raise awareness in their respective settings.

Melanie Cumpuna, a student at Rushcroft Foundation School, said: "Youth health champions was an amazing opportunity.

"The two days were very interesting and you can develop your present-

tation skills and improve your teamwork and confidence."

Cllr Ahsan Khan, cabinet member for health and wellbeing, said: "The health and wellbeing of children and young people is a key priority for Waltham Forest Council, and the Youth Health Champions programme will play an important role in empowering young people to take control of their health, and to make safe choices."

Waltham Forest is home to a successful healthy schools London programme, with more than 70 percent of schools registered, and 27 schools achieving the bronze award, and seven receiving a silver award.



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Open Evening

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Open Evening to be held on Thursday 6th October 2016 from 5.45 – 8.30 pm

The Executive Principal will address parents and students at 6.00, 6.30 and again at 7.00 pm in the Main Hall prior to tours of the school. Interested parents should choose to attend only one of these information giving sessions

A detailed Prospectus will be available on the evening containing full details of the broad and diverse offer available to students

Chingford Foundation School will again take 8 forms of entry (240 pupils) in Year 7 in September 2017

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CHAMPION: Stephen Dale, from Frontier, who won the individual tournament with Nolan Brateman from Frontier Voice & Data Ltd

Golfers chip in to raise charity cash

MORE than 80 players helped a Hornchurch charity to raise more than £11,400 in its annual golf tournament.

First Step, a charity devoted to supporting families with disabled children, held its First Step Golf Day at Warley Park, Brentwood, with Frontier Voice & Data Ltd.

Golfers were treated to a pop-up bar and competed over an 18-hole course.

Mark Halls, CEO of First Step, praised the charity's sponsors and stressed the need to fundraise to ensure the charity's survival.

He said: "The charity is in its 28th year and the need for financial and voluntary support has never been greater."

"We are very thankful to everyone who contributed to achieve such an amazing total."

To find more out about First Step events visit firststep.org.uk or follow it on Twitter via @firststep1988.



WINNING TEAM: Mark Halls, CEO of First Step, with the team winners from McDonald's, Romford and Nolan Brateman

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NEWS

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Bedrock Radio calls for trivia buffs to tune in



QUIZ: Beverley Stroud, fundraising officer for Bedrock Radio, left, with Louis Cohen and Simon Conber
Photo Martin Dalton

A HOSPITAL radio team urged *Yellow Advertiser* readers to attend their quiz in Romford so they can continue operating.

Bedrock radio, an online radio service and registered charity based in Queen's Hospital, will be holding the quiz at the Royal British

Legion on Friday, October 7.

Teams of six to eight people are required. All are welcome.

Tickets cost £5.

The radio station serves listeners in Queen's and King George Hospital in Goodmayes.

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Salute to our fallen heroes



A SPECIAL service was held at St Andrew's Church last month to commemorate the 76th anniversary of RAF Hornchurch's contribution to the Battle of Britain.

The service honoured all RAF personnel who took part, particularly three pilots from Hornchurch buried in the town's war memorial cemetery.

John William Broadhurst, 23, pilot officer of 222 Squadron, Claude Waller Goldsmith, 23, flying officer of 603 Squadron and Robert Basil Dewey, 19, pilot officer of 603 Squadron, lost their lives in the conflict.

The Battle of Britain was fought from July 10 to October 31, 1940.

The battle is specifically commemorated on September 15 every year.



TRIBUTE: Clockwise from above, the service party at St Andrew's Church; the gravestones of Mr Broadhurst, Claude Goldsmith and Robert Dewey; Gerald Massey Sharpe on the wing and John Broadhurst in the cockpit of a 222 Sqn Spitfire



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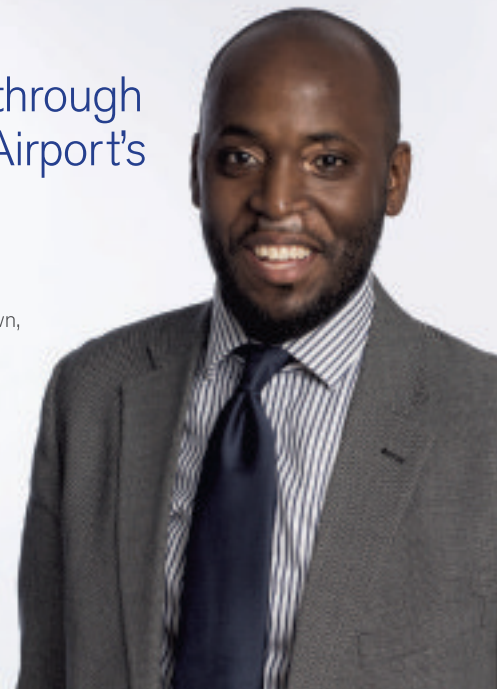
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WHAT'S ON

To have your event considered for publication, send the details AT LEAST 10 DAYS before the issue date to: **What's On, Yellow Advertiser, Acorn House, Great Oaks, Basildon, SS14 1AH. You can e-mail us at: letters@yellowad.co.uk PLEASE NOTE: We cannot guarantee that all entries will be included. However, you can add the details of your event to our website at www.yellowad.co.uk**

Friday, September 30

■ Redbridge 18-Plus - York Room, Central Library, Clements Road, Ilford.

Saturday, October 1

■ Table Top Sales - St Paul's Community Centre, Barley Lane, Goodmayes, IG3 8XE, free admission, noon to 3pm, from £8 per table, call 07453 782726.
 ■ Tennis - small club in Ilford, we play Sat pm, Sun am and three weekday afternoons, over-50s welcome, details Tom 020 8593 4365 or John 020 8592 1609.
 ■ Ante-natal Yoga - Quaker Meeting House, Bush Road, Wanstead, E11, Sat 10am to noon, Mon 6.45-8.45pm, post-natal yoga, Sat 12.05-1.15pm. 020 8923 6452.

Sunday, October 2

■ Steam Train Rides - Ridgeway Park, Peel Close, off Old Church Road, Chingford, E4 6XU, 2pm-5.30pm. Fare £1 or £1.50. Under-threes free entry.
 ■ Ilford & District C.H.A. Rambling Club - morning walk, meet 10.30am at Cutty Sark DLR station. 020 8926 4593.
 ■ One Day Workshop - printmaking, 10am-3pm, Buckhurst Hill Community Association, Bedford House, 4 Westbury Road, IG9 5NW. £24, 020 8504 6668.
 ■ Strides Badminton Club - Wanstead Leisure Centre, Redbridge Lane West, 3.30pm, new members welcome, aged 18 and over, all levels, details Mark 020 8598 8435 (before 9.30pm).
 ■ Sunday Service - Lighthouse Chapel International Church, Outset Centre, Frederick Street, Walthamstow, 11am-1pm. 07974 108350.
 ■ Sunday Services - Kings Road Baptist Church, Chingford (junction of Kings Road and Scholars Road), 11am and 6.30pm.
 ■ Sunday Services - Higher Life Christian Centre, Forest YMCA, 642 Forest Road, Walthamstow, 10am to noon.

■ Learn to Dance Modern Jive - Hainault Forest Community Centre, 7-10.30pm. 07768 005858.

Monday, October 3

■ Short Mat Bowls - Warren Heath Short Mat Bowls Club, Warren Junior School, Gordon Road, Chadwell Heath, 7pm, details Tony or Heather 01708 340874.
 ■ Music Listening Appreciation Group - Rectory Library, Rectory Road, Dagenham, 7pm, admission free. 020 8592 8821.
 ■ Rehearsals - Redbridge Ladies Choir, Palmer Catholic Academy, Seven Kings, 7.45-9.15pm, new members welcome. 020 8551 9895.
 ■ Rehearsal - The Roding Players Orchestra, Roding Valley High School, Alderton Hill, Loughton (opposite Underground station), 7.15pm, new members welcome. 020 8505 4329.
 ■ Forest Highlanders Pipes and Drums - St Cedd's Church, Seven Kings, 8pm.
 ■ Bingo - Friday Hill Community Association, Coney Burrows Community Hall, Friday Hill, E4, 1.30pm.
 ■ Multi-denominational healing - Redbridge Healing Centre, IRDSA Hall, Craven Gardens, Barking, IG6 1PS (next to car park, Fullwell Cross roundabout), 7-9pm, no charge, 07971 536581/556490 or 07821 969405.
 ■ Yoga Classes - The Peterhouse Centre, Walthamstow, 1-3pm and Tiptree Community Hall, Barking, 7-9.30pm, call Kay Russell 020 8554 7168.

Tuesday, October 4

■ Stroke Club - Parkside Stroke Club, Parkside Community Centre, Goodmayes Lane, 1.30-4pm. 020 8595 3973.
 ■ Coffee Shop - Eastern Avenue Baptist Church, East Road, Chadwell Heath, 10am, games, videos, friendship, all welcome. 020 8599 1479.
 ■ Club - Barking and Dagenham 18-Plus, The White Horse Inn, 118 High Road, Chadwell Heath, ages 18-35, 9pm, free trial membership, details Joe 07958 669339.
 ■ Duplicate Bridge - Parkside Community Centre (corner of Goodmayes Lane and Longbridge Road), Barking, 1.30-4.30pm, regret no beginners, call Jim (pref. evenings 5.30-6.30pm) 020 8592 0397.
 ■ Rehearsals - Chapel End Savoy Players, St John's Church, Chingford Road, Walthamstow, 8-10pm. 020 7474 7926.
 ■ Gilbert and Sullivan, songs from the shows, old time music hall.
 ■ Come Sing With Us - Pearl Hiller Concert Choir, Gants Hill, 1.30-3.30pm, call Pearl 020 8554 1240.

■ Chadwell Heath Canasta Club - Chadwell Community Centre, High Road, Chadwell Heath, RM6 6AS, 7pm, all welcome, from beginners (we will teach you). 020 8599 6638.
 ■ Barking Road Runners - Barking Abbey School Leisure Centre, Woodbridge Road, 7.15pm, for experienced or fun runners, over 16 years. 020 8594 4602.
 ■ Whist Drive - British Legion Club, Ilford, 7.45pm. 01708 555478.
 ■ Line Dancing - Walthamstow Trades Hall, intermediate, 8-11pm. 07968 036373.
 ■ Circle Dancing - King Solomon High School, Barking, 8-10.30pm, no partners necessary, details 07956 592938.
 ■ Square Dancing - American Square Dance Club, Fullwell Cross Library, Barking, 8-10.30pm, beginners welcome.
 ■ Tea Dance - Woodward Hall, Woodward Road, Dagenham, mainly ballroom and Latin American, 2-4pm. 020 8592 8402.
 ■ Redbridge Folk Dance Group, King Solomon High School, Forest Road, Barking, 8-10pm. 020 8559 8505 (eve).
 ■ Salsa classes - Latin aboard the Tereza Joanne moored at King George V Dock, E16, 7.30pm. 020 7511 5000.
 ■ Fitness classes - Wesley Hall, Methodist Church, Loughton High Road, 10.30-11.45am, safe, fun, 020 8508 3346.
 ■ Sahaja Yoga Meditation - 1a Jewel Road, Walthamstow, learn to meditate, relax, de-stress, free weekly classes, 7.30pm, beginners welcome. 07931 851954.
 ■ Yoga Classes - Redbridge Social Centre, rear of 188/190 Beehive Lane, Ilford, for beginners and mixed ability, 2-3.30pm and 7.30-9pm. 020 8550 0689.
 ■ St Francis Mother and Toddler Club - Evangelical Church, Fencepiece Road, Barking, 1.30-3pm, adults £1, children free entry.
 ■ Duckling Club - Parent and Toddler Group, Ley Street Chapel, 367, Ley Street, Ilford, 10am to noon. 020 8514 1255.

Wednesday, October 5

■ Badminton player required to join small friendly group, 8.30-10.30pm, Higham Hill area Walthamstow. 020 8527 7234.
 ■ Talking Hands - club for the deaf and hard of hearing, 10.45am-2.45pm, York Room, Ilford Library.
 ■ Table Tennis - Forest Community, Guildford Road, Walthamstow, 8pm, new members welcome, Ray 020 8524 4289.
 ■ Friends Club - St Cedd's Church Hall, Blythwood Road, Seven Kings (opposite Homebase), 1-4pm, short mat bowls and snooker, 50p per session.
 ■ Live Blues Jam - Coach and Horses, 391

High Road, Leyton, guests, regulars and house band, £2 listeners, £1 musicians, all welcome, singers and drummers especially, 8.30-11.30pm. 020 8502 0351.
 ■ Ilford No. 1 Senior Citizens Club - St John's Church, St John's Road, Seven Kings, IG2 7BB, 1-3pm, details Helen 020 8550 7291.
 ■ Social Club - Wanstead House, The Green, E11, 8.30-10.30pm. 020 8514 8046.
 ■ Bingo - Royal British Legion Club, 31 Dunton Road, Leyton, 7.30-10pm.
 ■ Clairvoyance - Little Ilford Christian Spiritualist Church, Third Avenue, Manor Park, spiritual healing 12.30-1.45pm, services with clairvoyance 2pm and 7.30pm, donations accepted. 020 8514 4030.

Thursday, October 6

■ Keep Fit for over-50s - Debden Park Community Association Hall, Willingale Road, 10.30am. 020 8508 3346.
 ■ Weekly 'drop-in' - friendly people who just want an afternoon of company. St Andrew's Church, Church Road, E17 6AR, 2-4pm.
 ■ Circle Dancing to World Music - Quaker Meeting House, 1a Jewel Road, Walthamstow, 2-4pm, £4, beginners welcome, no partner needed, Pat 020 8556 3508.
 ■ Ilford Centre Townswomen's Guild, St Alban's Church Hall, Albert Road, Ilford, 2-4pm.
 ■ Wanstead Rotary Club - County Hotel, South Woodford, 1-2.15pm, call David 020 8989 2701.
 ■ Barking and Dagenham Friendship Club - Methodist Church, London Road, Barking, 2-4pm, £1.50, for people who have had a sad loss. 020 8594 6409.
 ■ Rehearsals - Woodford Symphony Orchestra, 020 8504 7783.
 ■ Dagenham Camera Club - Wantz Library, Rainham Road North, 8-10pm. 020 8252 2934.
 ■ Forest Creative Writers Group - Jazz Archive Room, Loughton Library, Traps Hill, Loughton, 12.45-2.45pm.
 ■ Friends Club - St Cedd's Church Hall, Blythwood Road, Seven Kings (opposite Homebase), 50p per session.
 ■ Redbridge Stroke Club - Loxford Youth Centre, 2-4pm. 020 8220 5878.
 ■ Indoor Short Mat Bowling Group - Buckhurst Hill Baptist Church, Palmerston Road, Buckhurst Hill, 8-10pm, facilities for disabled players, call Ken 020 8504 9044.
 ■ Evening of clairvoyance - Friends of Light and Healing, Kingsley Hall, Kingsley Road (Debden), Loughton, 8pm.
 ■ Church service with clairvoyance - Barkingside Christian Spiritualist Church, IRDSA Hall, Craven Gardens, Barking, 2.30pm, free admission. 07930 231189.

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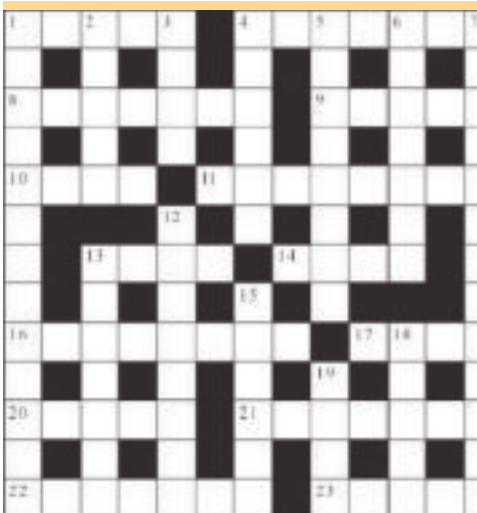


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**CRYPTIC CLUES
ACROSS**

1. Soap on a rope, perhaps (5)
4. Feeble man gets a lot out of work (7)
8. Schoolmaster involved in the race dispute (7)
10. Lowest point in the drain, perhaps (5)
10. Result of a terrible feat (4)
11. Points to dance once seen in cinemas (8)
13. Dick Fosbury's high jump failure (4)
14. Sour pie (4)
16. Firm Clare's set up to make boats (8)
17. Singer seen in The Waltons (4)
20. Anger the north-eastern girl (5)
21. What Mr Stone becomes (7)
22. Sound man who is sincere (7)
23. Some heat for the marines (5)

DOWN

1. Rusty, like a retired doctor? (3, 2, 8)
2. Demand to be precise (5)
3. The pain 8 across has (4)
4. Kill the returning Grand National horse (6)
5. Ann Miles is out to become a referee's assistant (8)
6. Not the happiest of dads set out (7)
7. Roll a large map out to reveal a quadrilateral (13)
12. Study the island of sand and cement (8)
13. Tolerate an ancestor, say (7)
15. Allow to do something to hair (6)
18. Turner's machine is made up of French and English articles (5)
19. Dynasty returns – it may have bite (4)

**QUICK CLUES
ACROSS**

1. Send back (5)
4. Rout (7)
8. Jumpy (7)
9. Characteristic (5)
10. Unlikely (4)
11. Vault (8)
13. Fluent (4)
14. Couple (4)
16. Inert (8)
17. Engrave (4)
20. Praise (5)
21. Ease (7)
22. Ore (7)
23. Visitor (5)

DOWN

1. Tire (3, 3, 2, 5)
2. Ethic (5)
3. Implement (4)
4. Appal (6)
5. Revelation (8)
6. Din (7)
7. Setting up (13)
12. Odd (8)
13. Greedy person (7)
15. Starry (6)
18. Topic (5)
19. Banner (4)

Last week's solutions

CRYPTIC SOLUTIONS
Across: 3 Breakdown; 8 Took; 9 Batteries; 10 Litter; 11 Pardon; 12 Litter; 13 Parishes; 14 Face value; 15 Veto; 16 Litter; 17 Scale; 18 Litter; 19 Sat out; 20 Litter; 21 Litter; 22 Litter; 23 Litter; 24 Litter.
QUICK SOLUTIONS
Across: 1 Bread; 2 Munchies; 3 Amos; 4 Promotion; 5 Litter; 6 Litter; 7 Litter; 8 Litter; 9 Litter; 10 Litter; 11 Litter; 12 Litter; 13 Litter; 14 Litter; 15 Litter; 16 Litter; 17 Litter; 18 Litter; 19 Litter; 20 Litter; 21 Litter; 22 Litter; 23 Litter; 24 Litter.

Yellow Advertiser

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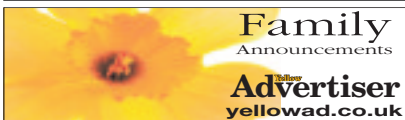
Anyone who wishes to make representations regarding this application must write to:

licensing@walthamforest.gov.uk or post to: **Licensing Service, Environmental Health & Trading Standards, London Borough of Waltham Forest, Sycamore House, Forest Road, Walthamstow, London E17 4SU.** Representations must be received no later than **25 October 2016** (28 day Period).

The Application and Register may be viewed at: **www.walthamforest.gov.uk**

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NOTICE UNDER REGULATION 5 and 5A TOWN & COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2015 NOTICE UNDER ARTICLE 15

The following applications for planning permission affect the character or appearance of the following conservation areas:

Aldersbrook

4224/16 Applicant: Mr P Riddle 63 Harpenden Road E12 5HL **Description:** Single storey rear extension. Alterations to existing rear dormer windows

4289/16 Applicant: Mr & Mrs Hill 9 Wanstead Park Avenue E12 5EL **Description:** Wall to front of garden. Formation of vehicular access

4355/16 Applicant: Mr M Simpson 48 St Margarets Road E12 5DP **Description:** Loft conversion with two rear dormers. Two front roof lights

4390/16 Applicant: Mr T Simon 55 Woodlands Avenue E11 3RB **Description:** Single storey rear extension. Loft conversion with rear dormer. Three front roof lights

The Bungalow Estate (Formerly Mayfield)

4362/16 Applicant: Mr K Lakhani 52 Parkway IG3 9HU **Description:** Demolish existing garage. Single storey rear and side extension. Loft conversion with two rear and one front dormers

4376/16 Applicant: Mr M Yasin 49 Levett Gardens IG3 9BU **Description:** Conversion of garage into habitable room. Single storey rear and side extension. Bay window to front elevation. Loft conversion with one front and two rear dormers. Alterations to roof

4438/16 Applicant: Mr M Rafique 3B Forterie Gardens IG3 9BY **Description:** Single storey side extension

Claybury

3229/16 Applicant: S Kumar 10 Regents Drive IG8 8RZ **Description:** Conversion of garage into habitable room. Single storey rear extension. Double storey side extension with front dormer and rear dormer and balcony

Wanstead Village

4082/16 Applicant: Mr M Ishaq 17 St Marys Avenue E11 2NR **Description:** Demolish existing dwelling. New six bedroom detached dwelling house

Woodford Broadway

4239/16 Applicant: Mr G Thompson 3 Nursery Close IG8 0ES **Description:** Demolish existing building. Erection of 1x4 bedroom dwelling

Applications for planning permission for major development [to be deleted if not used]

4324/16 Applicant: Mr P Bradbeer LBR 3 Kielder Close IG6 3ER **Description:** Demolition of existing building. Erection of part 4 and part 3 storey building containing 10x2 bedroom flats with associated landscape and car parking works

4328/16 Applicant: Mr P Bradbeer LBR Old Mill Court, Chigwell Road **Description:** Erection of 3 storey and 4 storey buildings containing 32 flats (10x1 bedroom, 22x2 bedroom including 3x wheelchair flats) with associated landscaping and parking works. (Summary)

4462/16 Applicant: Mr A Bhurwala, Development Site, 61, Cleveland Road, South Woodford, London **Description:** Variation of (Condition 2) of approved planning permission 1475/06: To provide a lower ground floor to existing consented scheme to provide individual storage units to residential units within existing consented scheme and provide enhanced amenity space in conjunction with the provision of the storage units (Summary).

4462/16 Applicant: Xyan Holdings Ltd, Development Site At 226 To 244, High Road, Ilford **Description:** Construction of a part 30, part 12, part 6 storey building containing 147 residential units. Flexible A1/ A2/ A3/ B1A floorspace at ground and first floor levels including associated parking and public realm works (Summary). Applications can be inspected online at **www.redbridge.gov.uk/planning** or One Stop Shop on the ground floor of Lynton House, 255-259 High Road, Ilford Essex IG1 1NN between the hours of 8.30am and 4.30pm Mondays to Fridays and 9.30am to 4.30pm Wednesdays. If you require information contact the Planning Services on 020 8708 2053. Representations should be made in writing to Planning Service within 21 days of the date of this notice. Joanne Woodward - Strategic Head of Planning & Building Control. Date: 29 September 2016 DM No. 80168616

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WEST HAM HIT BY CRISIS OF CONFIDENCE

Football

West Ham United 0-3 Southampton
Brian Jeeves reporting from the London Stadium

WEST HAM United's early season woes continued as goals from Charlie Austin, Dusan Tadic and James Ward-Prowse earned Southampton a comfortable win and left some Hammers fans muttering about a battle to avoid relegation.

Four defeats from their opening five Premier League games, plus an unconvincing EFL Cup victory over Accrington Stanley, has left West Ham in the bottom three and seen pressure mount on manager Slaven Bilic. It was a tentative start from the home side amid a flat atmosphere. Simone Zaza was off target after the Saints backline afforded the Italian some room, while Pierre-Emile Hojbjerg was snubbed out by Winston Reid as the visitors countered.

Chances came at a premium in a scruffy opening period. West Ham, with Dimitri Payet and Manuel Lanzini, appeared to offer the greater threat but for all their possession, Southampton goalkeeper Fraser Forster remained largely untroubled.

West Ham continued to toil without success. Hojbjerg swept away as Cheikhou Kouyate was about to pounce on Payet's flag-kick. But shortly before the break Southampton took the lead.

Austin applied the simplest of finishes after Tadic and Ryan Bertrand had fashioned the opening from the left.

The goal came as a blow to Bilic and his men, who seemed to visibly drain of confidence. The negative vibe filtered through to the crowd, whose agitation was evident.

Bilic replaced Lanzini with Sofiane Feghouli at the start of the second period.

But it was the Saints who appeared to be in the ascendancy. Adrian clung to Jose Fonte's header, then clawed out Tadic's goalbound effort as the south coast outfit turned the screw. Michail Antonio nodded over as West Ham tried to lift themselves off the canvas, but just after the hour mark Tadic delivered the killer blow.

Kouyate was caught napping, and the Serbian midfielder coolly slotted past Adrian after Austin picked him out.

West Ham fans were then incensed when



DEFEAT: West Ham boss Slaven Bilic

Feghouli's snapshot appeared to strike the arm of Bertrand. But referee Jonathan Moss waved away heated appeals for a spot-kick.

Payet did his best to rally his beleaguered team-mates, firing narrowly wide, while van Dijk was in the right place at the right time to hack Zaza's effort off the line.

Hojbjerg went close for the Saints with a thundering drive from 30 yards as the visitors finished strongly. Adrian denied substitute Ward-Prowse with a late save, while Hojbjerg fired agonisingly across the face of goal.

But in stoppage time Ward-Prowse added Southampton's third, finishing a neat move involving Bertrand and Steven Davis. By this time many disappointed home fans had left.

After the match Bilic said: "We didn't deserve to be up in the first half, it was a typical nil-nil game. And then we conceded that goal, that easy. In the second half we tried to come back.

"We conceded the second one, which was very, very poor, because we had the ball in our possession two or three times, after that we had to risk losing shape which is key.

"We created a couple of chances, put a little bit of pressure on them. We were unlucky not to hit the target, but we have to admit they were very dangerous when they were attack-

ing us with the pace and quality they have

"We can talk about the confidence, but it's a chain reaction. Mistakes in the defence, individual and team mistakes. They have brought us into a position where we have had two heavy defeats against Watford and West Brom. That started the situation where we are low with confidence.

"The guys are training really hard, they are positive, they want to do it. We are doing it in training, we are approaching it like that, but it is not happening."

Southampton boss Claude Puel said: "The first half was difficult, it was not good football from us. It was important to come back in the second. The first half, we were a little nervous at the start of the game. We lost the ball quickly. It was important in the second half to correct this."

West Ham are next in Premier League action on Saturday, October 1 when Middlesbrough visit the London Stadium (3pm).

West Ham United: Adrian, Winston Reid, Havard Nordtveit (Ashley Fletcher 70'), Alvaro Arbeloa, Cheikhou Kouyate, Manuel Lanzini (Sofiane Feghouli 46'), Simone Zaza, Mark Noble (Capt) (Edimilson Fernandes 82'), Angelo Ogbonna, Dimitri Payet, Michail Antonio Subs not used: Darren Randolph (GK), Pedro Obiang, Sam Byram, Reece Oxford

Southampton: Fraser Forster, Cedric (Cucu Martina 87'), Jose Fonte, Steven Davis, Charlie Austin (Shane Long 74'), Dusan Tadic (James Ward-Prowse), Oriol Romeu, Virgil van Dijk, Ryan Bertrand, Nathan Redmond, Pierre-Emile Hojbjerg Subs not used: Alex McCarthy (GK), Maya Yoshida, Jordy Clasie, Jake Hesketh

Referee: Jonathan Moss

Assistants: Andrew Halliday and Edward Smart

Fourth Official: Craig Pawson

Attendance: 56,894

Joint-chairman David Sullivan and David Gold penned a personal message to supporters on Monday. They said: "There is no question that this has not been the start to the season that we were looking for but rest assured we are doing everything we can to fix the situation. The facts are there for everyone to see. We know we are letting in too many goals and not scoring enough, but be assured we will sort the problems out.

"There have been factors which have contributed to the poor start with injuries to key players and some key decisions which have gone against us. But we are not going to make excuses and know that Slaven and his team will be working even harder on the training ground this week to get things right."

Edwards hails O's fans as they fall to league leaders

O'S INTERIM manager Andy Edwards and first-team coach Andy Webb hailed the supporters following Tuesday night's 2-0 home defeat to Plymouth Argyle.

The O's produced a brave display having been reduced to nine men following the dismissal of Robbie Weir and Jens Janse, and only a late effort from Plymouth substitute Ryan Donaldson sealed victory for the visitors.

Edwards, who took over from Andy Hessenthaler who was

relieved of his duties on Monday, told leytonorient.com: "The fans were behind us all the way.

"The response from the players and the fans was uplifting and encouraging and I cannot praise them enough.

"The fans were superb. I spoke with the players in the dressing room straight after the game and said when supporters see that level of effort and commitment they will back you."

Webb added: "Credit must go

to the fans for giving the players that encouragement, and in return they responded and gave them some satisfaction from the evening.

"People may be forgiven for thinking the players would crumble when down to nine men, but that work ethic from the players is what supporters want to see.

"The nine that finished the game showed that in abundance.

"They deserved the round of applause they received, but I

want the supporters to know the massive part they played.

"Realistically with nine men it is difficult to win the game, but we saw plenty of positives and we have to take them into Saturday's game at Barnet.

"As a club – the players, the fans and everyone involved did themselves proud and having been with the players and Andy after the game last night I know they all appreciated the support."

THE BIG MATCH

**WEST HAM UNITED
v MIDDLESBROUGH**

Barclays Premier League
London Stadium
Saturday, October 1 (3pm)



Non-league round-up

City score five to stay in touch at the top

NATIONAL League South promotion hopefuls Chelmsford City produced a stunning five-goal display on the road to see off Eastbourne Borough and stay in touching distance with the top of the table.

Shaun Jeffers hit a brace, while Josh Rees, Shamir Mullings and a Josh Hare own goal completed the rout against a Borough side who had Brian Dutton and Ian Simpamba sent off.

Joe Ellul and Kane Ferdinand scored as East Thurrock United shared the spoils against Bishop's Stortford at Rookery Hill. Jermaine Osei (2) replied for the visitors.

Elsewhere, Concord Rangers went down by the odd goal in three at Dartford. Jay Dowie scored late on for the Beach Boys after Ofori-Acheampong and Danny Harris gave the Kent side a 2-0 lead.

In the National League's top division, Corey Whitley Jordan Maguire-Drew and an Oliver Hawkins penalty gave league leaders Dagenham & Redbridge a 3-1 win at Bromley.

But Braintree Town slipped deeper into relegation trouble with a 1-0 home defeat to Forest Green Rovers.

Town have now parted company with manager Jamie Day by mutual consent. Day took over at Cressing Road in the summer after Danny Cowley left to join Lincoln City.

Billericay Town were big winners in the Ryman Premier Division. Kreshnik Krasniqi, Greg Cundle and Conor Hubble scored as Worthing were sunk 3-0 at New Lodge.

Luke Hornsley's goal for Grays Athletic cancelled out Okwute Izuchukwu's opener for Burgess Hill Town as the sides drew 1-1 at Mill Fields. But Canvey Island went down 2-1 to Kingstonian at Park Lane.

In Ryman League Division One North, Tilbury edged out Maldon & Tiptree 3-2 at Chad's Field. Tony Martin, Toby Aromolaran and Emiel Aiken gave the Dockers victory after Sam Newson and a Liam Nash penalty fired the Jammers into a 2-0 lead inside the first ten minutes.

Aaron Condon hit a hat-trick as Brightlingsea Regent won 3-0 at Phoenix Sport, while George Cole (2) and Reece Grant gave Heybridge Swifts a 3-1 win over Cheshunt.

Leon Gordon with a penalty and Charlie Barlow scored in the final minutes as Great Wakering Rovers came from a goal down to beat Thamesmead Town at Burroughs Park.

Glenn Poole scored from the spot and Wall Ross grabbed a late winner as Thurrock edged out Ware 2-1 at Ship Lane, while a Darelle Russell penalty was enough to earn Waltham Abbey a 1-0 win at Norwich United.

James Thomas scored for Bowers & Pitsea in a 1-1 draw with Wroxham at the Len Salmon Stadium, and there was an exciting 2-2 draw between Witham Town and Aveley at the Village Glass Stadium, with Scott Kemp and Tim Monsheju on target for the hosts.

Romford also bagged a point. Jamie Dicks's early goal helping them to a 1-1 draw at Soham Town Rangers.

But AFC Hornchurch went down by a single goal to Dereham Town at Bridge Avenue, and Brentwood Town lost at home to Bury Town. Haringey Borough were left frustrated as visitors VCD Athletic were 2-0 winners.

In the FA Vase second qualifying round, Essex Senior League Southend Manor were stunned by Essex Olympian League Canning Town, who won 5-4 on penalties at the Southchurch Park Arena after their tie finished goalless.

Ilford made Vase progress with a 4-0 win at Burnham Ramblers, while London Bari beat Barkingside 2-1 at the Old Spotted Dog. And it was the same outcome for Waltham Forest who knocked out Hadleigh United.

Sporting Bengal United won a Vase thriller with Sawbridgeworth Town 3-2 at the Mile End Stadium, but Redbridge went down 2-1 at Colney Heath, as did Takeley, by the same score to Biggleswade Town.

Barking were 3-0 winners in the ESL derby with Clapton at Mayesbrook Park, while Basildon United beat Hullbridge Sports at Gardiners Close 1-0. Stansted continued their impressive form, seeing off West Essex 3-0.

In the ProKit UK Essex Olympian League, Hannakins Farm won their Premier League clash with Harold Hill 4-1.

Basildon Town were winners over Hutton in Division One, with Marcus Bowers bagging a hat-trick, while Tommy Barton, Charlie Kendall, Jack Main and Joe Burgess were also on target for the New Towners.

In Division Two, Lakeside beat Ryan FC 5-2, while Rochford Town hammered Herongate Athletic 3-0 at the Recreation Ground.

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HAPPY BIRTHDAY, ADAM!

A sermon from Rabbi Binyamin Bar

WERE Adam and Eve Jewish? I ask this because the Jewish calendar and virtually all our holy days seem to be exclusively about Jewish history and Jewish experience.

Passover celebrates our liberation from Egypt, Shavuot our receiving the Torah at Mount Sinai, Yom Kippur is when G-d forgave us for the sin of the Golden Calf and Sukkot recalls the divine protection during our wanderings through the desert and so on.


One significant exception is Rosh Hashanah, which coincides with the birthday of mankind, Adam and Eve, who lived some 2,000 years before the first Jew was born and nearly 2,500 years before we were proclaimed a people at Mount Sinai.

Though, Rosh Hashanah to us is clearly more than an "Interfaith Praying Day."

As its name indicates, it is the head of the Jewish year, a head being the primary and most encompassing component of the entire year.

So how come the "head" of our year is the one festival which relates to the whole of humanity?

In truth, Judaism does have a universal message, one that is fundamental and of prime importance to our identity as Jews. Long before the Children of Israel received the Torah with its 613 Mitzvot, Adam and Eve were given the fundamental laws of civilization.



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Rabbi Binyamin Bar,
The Executive and The Council of

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warmly wish the Community and all Yellow Advertiser Readers a Happy New year and well over the Fast.

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Shanah Tovah

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Later, these were reiterated to Noah and his sons and became known as the "Seven Noahide Laws."

The Noahide Code is not a "religion". It is G-d's blueprint for civilization, a seven-point foundation for the building of a just, moral and ethical society on earth. The Seven Laws are: Belief in G-d. Do not blaspheme G-d's name. Do not murder. Do not steal. Be faithful to your spouse. Do not tear a limb off a living animal. Establish legal institutions.

We may say: "I can see the five last ones being the basis for civilization, but what about the first two laws: belief in G-d and the prohibition against blasphemy? Isn't that religion? Can't you be a moral person without having to believe in and respect G-d?" And the answer is: the entire point of the Noahide Code is that there's no morality without G-d.

How we think, communicate with or serve G-d, that's between us and G-d. That's religion. We're talking about the basic idea that the world has a Boss and that we are answerable to a higher authority than ourselves. This, Noahide Code insists, is the only viable basis for a truly civilized world, not the great moral philosophers of the Rationalist and Humanist schools.

Let's just look back some 100 years ago. Germany had more moral philosophers per square mile than any other country. Yet, only one or two generations later, it orchestrated a highly efficient operation, which happened to be the most horrendous acts of torture and murder in human history.

The saying goes: you can't raise yourself by grabbing a fistful of your own hair and pulling upwards. Nothing human-based will ever transcend the human. A philosophy conceived by the human mind will be elegantly refuted, or side-stepped, by that same mind at the service of its own instincts. Morality and ethics might be temporarily enforced by a philosopher's thesis or a policeman's gun. But not for very long.

On Rosh Hashanah we realise that G-d created all of humanity in His image, G-d gave us the gift of life and G-d laid down its rules: respect life, family and the property of your fellow, treat the creatures kindly, do charity and uphold justice. Let us follow those rules not only because it makes sense or because it "feels right" to us, but because we are the subjects of G-d and we accept His Sovereign decrees.

This is the head and essence of our existence as Jews as well as citizen of humanity. May we all have a blessed and sweet new year with happiness, good health and peace.

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